

Child Health Clinics*

The Community Public Health Advisors from the East Hants Public Health Nursing Team (5-19y) are offering support with your child's health



Scan the QR
code to book
a 30-minute
slot at Alton
Health
Centre

How do I
encourage
healthy
eating?

Where can I
access
support for
my child's
anxiety?

How do I
manage
challenging
behaviour?

Why does my
child wet the
bed?



*These slots should not be used as a place to seek advice regarding specific medical conditions