

Overview of PE Curriculum at Wootey Infant School

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p>Nursery Rhymes</p> <p>The focus of the learning is to explore different movements using different parts of the body</p>	<p>High, Low, Over, Under</p> <p>The focus of the learning is to introduce, 'champion gymnastics' by moving in a high way and explore making shapes.</p>	<p>Moving</p> <p>The focus of the learning is to apply 'champion gymnastics,' exploring movements and shapes in different ways, transitioning between different zones.</p>	<p>Locomotion: Jumping and Walking</p> <p>The focus of learning is to explore jumping and walking in a variety of ways.</p>	<p>Ball Skills: Hands and Feet</p> <p>The focus of learning is to explore different ways of using our hands and feet to move with a ball.</p>	<p>Rackets, Bats, Balls and Balloons</p> <p>Pupils will explore different ways to use their hands (pushes and hits) and feet (kicks) to keep the balloon up in the air without it touching the floor.</p>
Year 1	<p>Health and Wellbeing</p> <p>Pupils will understand what agility means and explore ways of being more 'agile' when moving.</p>	<p>Heroes</p> <p>Pupils will learn how to control and co-ordinate their bodies to perform a sequence of movements, including a balance (freeze position).</p>	<p>Body Parts</p> <p>The focus of the learning is to apply 'champion gymnastics' to explore movements and balances using the 'big' parts of our bodies on the floor and on apparatus.</p>	<p>Wide, Narrow, Curled</p> <p>The focus of learning is for pupils to explore combining wide, narrow and curled movements together. Introduce, 'linking.'</p>	<p>Ball Skills: Hands 2</p> <p>The focus of the learning is to introduce throwing (underarm).</p>	<p>Rackets Bats and Balls</p> <p>The focus of the learning is for pupils to explore using a racket and a ball together.</p>

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Year 2	Health and Wellbeing Pupils will develop different ways of moving at speed and will understand the consequences of not being agile.	Mr Candys Sweet Factory Pupils will learn how to control and co-ordinate their bodies to perform movements that represent being in a sweet shop.	Linking The focus of the learning is to apply 'champion gymnastics' to explore different movements that pupils can link together.	Pathways The focus of the learning is to apply 'champion gymnastics' exploring different pathways (zig-zag), creating movements that pupils can link together.	Ball Skills: Hands 2 The focus of the learning is to develop pupils' execution of an underarm throw and to extend their understanding of why we need to be accurate when we throw.	Rackets Bats and Balls The focus of the learning is for pupils to apply their learning and understanding of hitting a ball with a racket from year 1.
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