

Year 1

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Autumn	myHappymind - Meet Your Brain				myHappymind Places				Showing respect and managing hurtful behaviour		myHappymind - Celebrate						
Spring	myHappymind - Appreciate		Healthy Lifestyles		Buffer		myHappymind - Relate		Families and positive close relationships		Buffer		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.				
Summer	myHappymind - Engage			Shared responsibilities	Communities	Ourselves Growing and Changing		Ourselves, Growing and Changing - Transition	Buffer								

Year 2

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain					myHappymind Places				myHappymind - Celebrate				Buffer		
Spring	myHappymind - Appreciate		Keeping Safe		Media Literacy and Digital Resilience	myHappymind - Relate			Friendships		Buffer	Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.				
Summer	myHappymind - Engage			Safe relationships		Economic Wellbeing		Ourselves, Growing and Changing- Transition	Buffer							