

Reception

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
Autumn	myHappymind - Meet Your Brain					myHappymind Places			myHappymind - Celebrate									
Spring	myHappymind - Appreciate					myHappymind - Relate										Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.		
Summer	myHappymind - Engage					myHappy body		myHappy relationships		myHappy world								